

HIGH SCHOOL 2 LIFE TRANSITIONS

ACAD 101: High School to College Transitions

(Boise State University)

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Teacher Prep Periods: A3/B2

Required Text:

Becoming a Learner: Realizing the Opportunity of Education

By Matthew Sanders

ISBN-13: 978-1-4675-3634-9

<http://www.becomingalearner.com/>

College Prep 101: Helping Students Prepare for College

By Lance A. Millis

ISBN 978-0-615-16486-1

<http://www.collegeprep101.com>

<http://www.collegeanswerguy.com>

Course Description:

HS2L focuses on the transition of Columbia High School senior students into the *Real World*...whatever that may be. For most students this will be some sort of Post-Secondary Education, this might be a 2 year, 4 year, or a specialized training, while for others this might be straight to the World of Work and for others this will be serving our country in one of our military branches. This course will familiarize students with options available for them regardless of the direction they are headed as well as assisting them with recognizing the resources, support services, opportunities, and success strategies for a smooth transition.

Learning Outcomes:

1. Developing a career plan which includes the goals, education, preparation, and skills needed.
2. Identifying resources for students at Post-Secondary institutions, in the community, and within a specific occupational field.
3. Analyze and evaluate current values, habits, and behaviors related to academic and employment success. Creating a plan to maximize strengths and make improvements in areas for growth.
4. Strengthening the skills needed for securing, maintaining and advancing in employment opportunities.
5. Implement strategies proven to increase efficiency and effectiveness in learning information.

Top Ten: How to do well in my class:

The following suggestions will help create a healthy classroom atmosphere, help you become a successful learner, and provide benefits for other students in my class:

1. Be on Time
2. Focus on the NOW

3. Be *interested* in YOUR FUTURE
4. Have an open mind
5. Mutual respect for all in this room
6. Be engaged in the topic of the day
7. Remove distractions
8. Come to class prepared
9. Be honest with yourself
10. Don't make it one of THOSE classes and Don't be one of THOSE students!

Attendance Policy:

Tardy Policy – If you walk into this classroom any time after the bell rings without either a pass, teacher email, or without having prior permission from me to be late you will be tardy. All late students MUST report to the front office and receive a pass to class. Here is the policy followed on tardies:

1st tardy –warning

2nd tardy - warning

3rd tardy – 9th tardy - Student is given a detention form and assigned a 30 minute detention.

Parents will be notified. The time can be served at lunch or after school in the Delta Room.

Saturday school is another option to make up for tardy detention. Students have 5 school days from date assigned to complete their time. If a student does not serve the assigned time during the 5 days they will owe 60 minutes.

10th tardy - Student will be assigned to the Delta Room to serve 3 days of In School Suspension. The Delta Room instructor will obtain academic work and provide intervention for the ongoing issue. The last day of the suspension the student will enter into a contract that states that each additional tardy may result in a loss of privileges at CHS. (Extra-curricular events, participation in school clubs, athletic teams, checking in with Dean each morning, and other privileges determined by CHS Administration)

Absence Policy – Students who are absent (Excused) will be responsible for checking with me, the teacher, for any and all work missed. The student will have until the next class period to turn in any assignments that were missed.

Students who miss six (6) absences in class will face the following consequences:

- Loss of credit
- Referral to an attendance court
- Making up lost time outside the regular school day
- Reduction in grade, or
- Other action determined by the school administrator or designee based on the individual's situation and need.

Student Code of Conduct:

Refer to both Columbia High School's Student Hand book (Columbia website) and Boise State's Code of Conduct for definitions of cheating, plagiarism, and other forms of academic dishonesty as well as policies and procedures for handling such cases. The Code of Conduct can be found at

<http://www.boisestate.edu/osrr/studentcode.html>

Course Content and Assignments
(Lessons will not always follow this order)

Module 1: You and Your Future

LESSON	TOPIC AND AREA GOAL	CONTENT OVERVIEW	EXAMPLE ASSIGNMENTS
1.1	Career Exploration and Planning	Personality Traits, Skills and Interest Inventories, Occupation Investigation	<ul style="list-style-type: none"> - CIS Personality Test - CIS Interest and Skills Inventories - Boise State Career Module Assessments - CIS Occupation Comparisons
1.2	Major Exploration (Internship/Apprenticeship)	Major Exploration	<ul style="list-style-type: none"> - Major Research at schools of interests - Admission requirements - Interview a faculty member
1.3	Academic Graduation Plan	Understanding a Course Catalog Understanding a Class Schedule Book Degree Plans Finishing in Four Internship and Study Abroad	<ul style="list-style-type: none"> - Create a four year plan - Create a one semester class schedule - Research internships and study abroad with a reflection of how these fit into your major
1.4	Financial Planning and Literacy	Paying for school Financial Aid Living on a budget	<ul style="list-style-type: none"> - Scholarship searches - FAFSA 101 - CIS Reality Checks - Living on a Budget Year 1

Module 2: Being a Learner/Student

LESSON	TOPIC AND AREA GOAL	CONTENT REVIEW	EXAMPLE ASSIGNMENTS
2.1	Code of Conduct Shared Values Cultural Expectations	<ul style="list-style-type: none"> -Appropriate behaviors and consequences -Plagiarism and cheating -Communication etiquette - Diversity/Inclusive/Language -Faculty v Teachers 	<ul style="list-style-type: none"> - Online Module on plagiarism through Boise State Library - Case studies and discussions - Examples of target behavior - Guest speaker ?
2.2	Being on a college campus	<ul style="list-style-type: none"> -Resources for students -Student Engagement -Getting Involved -Events 	<ul style="list-style-type: none"> - Campus Tour - Scavenger Hunt - Getting Involved Paper
2.3	Becoming a Learner	<ul style="list-style-type: none"> -What it means to be a learner -Purpose of Higher Ed -Examining what you want out of college -Motivational/Goal Setting 	<ul style="list-style-type: none"> - Becoming a Learner book - Class Discussion - Reflection - What are your past educational experiences?

			- How will that be different from college?
2.4	Learning how to learn	-How the brain works -Enhancing comprehension -Blooms Taxonomy -Grit and Growth Mindset and Resiliency	- Kahn Academy, TEDTalk vidios - Self Assessments - Reflections
2.5	Academic Habits: Skills and Behaviors for Success	-How habits are formed and broken -Time Management -Procrastination -Test Anxiety -Test Success -Reading	- over view video of the habit loop - habit change assignment - Time log and journals - Class teaching and artifacts on study skill topics

Module 3: Employment – Getting and Keeping it!

LESSON	TOPIC AND AREA GOAL	CONTENT REVIEW	EXAMPLE ASSIGNMENTS
3.1	Securing Employment	-Applications -Cover Letters -Resume -Interview -Thank you letters	-Apply for a job -Request an interview -Write a resume -Complete an interview -Thank you letter
3.2	Keeping the Job	-What does it take to be a good employee? -What are employers looking for? -Soft Skills	-7As of Employability
3.3	Advancing in your career	-Standing out -Excelling	-What will it take in YOUR chosen profession?

** Not all students will be pursuing the same path immediately after high school, this fact will differentiate some of the content, assessments, and outcomes of this course for those students.

Formative Assessments:

- Financial Aid Completed
- 20 Scholarships Applied for
- College Application
- Course Schedule
- Year 1 Living Budget
- 10 Year Action Plan
- Becoming a Learner
- Successful Academics
- Pursuit of Employment
- Keeping my job
- Advancing in my career
- Senior Project